

The
Prekindergarten Program for Children with Disabilities

PARENT/CHILD
ACTIVITIES CALENDAR

MIAMI-DADE COUNTY PUBLIC SCHOOLS
MIAMI, FLORIDA

INTRODUCTION

The aim of the Miami-Dade County Public Schools Prekindergarten Program for Children with Disabilities is to provide a learning environment which will nurture each child's physical, social, emotional and cognitive development. The young child learns best through hands-on experiences. The people, events and materials he/she encounters will become the foundation for all future growth and learning.

The activities in the Parent/Child Activities Calendar have been selected to encourage the development of language, cognitive, fine motor, gross motor and social/self-help skills. The prekindergarten teachers follow the High/Scope Curriculum, which is built around 58 "Key Developmental Indicators", in five curriculum content areas: Approaches to Learning; Language; Literacy, and Communication; Social and Emotional Development; Physical Development, Health, and Well-Being; and Arts and Sciences. These Key Developmental Indicators are important for young children to learn. The activities relate to the Key Developmental Indicators listed for that month. Each month the calendar will also include a recipe, a finger play and a fun mixture for you and your child to enjoy together. This is the "homework" of the prekindergarten child - to learn to play and enjoy this special time together with parents or caregivers. The calendar is not a substitute for teacher/parent communication which is an important part of a good learning environment. Rather, it is an additional way for you to be involved in your child's education. The more interaction there is between home and school, the greater the benefit for your child.

You can further assist your child by:

1. Setting aside 10 minutes each day to enjoy a calendar activity together.
2. Encouraging your child to attempt an activity, even when it is difficult.
3. Encouraging your child to communicate as much as possible.
4. Providing a variety of materials for your child to use - kitchen utensils, old costume jewelry, tools.
5. Setting aside a place to proudly display your child's work.
6. Realizing that everyday learning experiences can occur anywhere - grocery store, restaurant, car, yard, kitchen and bathroom.

It is most important to treasure your time together. Childhood is a brief moment in your child's life. Remember, you are your child's first teacher and the teacher who will guide him/her into adulthood.

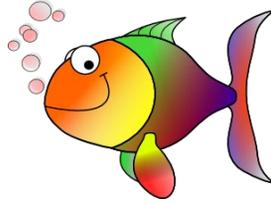
For additional information, contact the office of the Prekindergarten Program for Children with Disabilities, at (305) 271-5701.

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AUGUST

Finger Play: Catching a Fish

One, two, three, four, five
(Raise one finger, then two through five)
I caught a little fish alive
(Use finger and thumb to show "little")
Why did you let it go?
(Pretend to throw fish back into the water)
Because it bit my finger so!
(Shake your hand)
Which little finger did it bite?
This little finger on the right.
(Hold up your little finger)



KEY DEVELOPMENTAL INDICATOR: Music

- Moving to music
- Exploring and identifying sounds
- Exploring the singing voice
- Developing melody
- Singing songs
- Playing simple musical instruments



Recipe Corner

Ingredients:

3-4 apples
1/2 cup water
1/2 tsp. cinnamon



Quarter, core, and peel apples. Place in saucepan. Add water and cinnamon and simmer until tender (about 20 minutes). Have your child mash the apples with a potato masher.

Fun Mixture: Moon Sand

Ingredients:

2 cups fine sand
1 cup cornstarch
1/2 cup water

Directions:

Combine ingredients in plastic bin. Once combined, the mixture will be crumbly, moldable, muddy, and wet. Have FUN with it!!



August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Use junk mail to play office.	Let your child sing a favorite song to you and dance along with them.	Let your child help you make a meal. They can pour, mix, and help gather ingredients.	Put some water in a kiddie pool and let your child dance in the water.
Write and mail a letter to a friend: _____ _____ _____	Rub your fingers down your child's back...slow and fast according to the music on the radio and sing along.	Play "Do As I Do" while dancing to Rock and Roll. Move different parts of your body.	Use kitchen spoons to accompany a song.	Hold your child's hands and dance together.	Make a list and go shopping for school supplies: backpack; lunch box; crayons; scissors.	You and your child can be...a tall tree, the letter T, a pencil, a line on the ground.
Have your child lie on his/her back, bring knees up to the chest, and clasp with arms. Roll in all directions.	Count someone's change. Name the coins.	Using a sheet, toss a ball or a balloon in the air with your child.	Let your child listen to your heart and tell you what it sounds like.	Have you hugged your child today?	Go to the library. Check out a book or tape about the first day of school.	Can you and your child move like: a jet? an arrow? the wind? a falling star?
Pretend you are a flag waving in the air.	Snap your fingers while singing a song on the way to school.	Let your child name the actions you are doing: e.g.: shake, jump, hop.	Turn a big box into something special. Sing songs with your child and clap your hands to the beat.	Let your child throw a ball, catch it and roll it to you on the floor.	Lie on your back and find out how many ways you and your child can move your feet.	Hug someone whom you love.
Turn on your radio and dance with your child, moving a scarf to the beat of the music.	Challenge your child to move in different ways: tip toe to the room, take big giant steps to the kitchen, etc.	Read <u>Where the Wild Things Are</u> . Move like wild things.	Can you and your child move like: a snail? a turtle? a snake?	Blow bubbles and have your child run after them and pop them without using his/her hands.	Have your child: *bounce like a ball *roll like a doughnut *jump like a frog *slither like a snake	

SEPTEMBER

KEY DEVELOPMENTAL INDICATOR:

Approaches to Learning

- Making and expressing choices, plans, and decisions
- Solving problems encountered in play

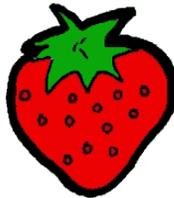
Social and Emotional Development

- Taking care of one's own needs
- Expressing feelings in words
- Building relationships with children and adults
- Creating and experiencing collaborative play
- Dealing with social conflict

Recipe: Fruity Fruit Salad

Ingredients:

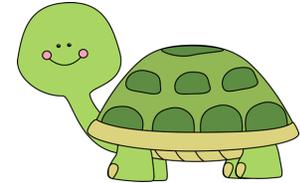
- 1 banana
- 1 apple
- Handful of blueberries
- 5 strawberries



Directions:

Using a plastic or child-safe knife, cut banana, apple and strawberries into small pieces. Add all fruit to a bowl and mix together.

Sing and Dance! Let's Move Like the Animals Do



Let's all move like the animals do,
Some on 4 feet, some on 2.
Here is the way the rooster moves,
Trot, trot, trot!

(Trot like a rooster)

Here is the way the turtle moves,
Slow feet, slow feet.
(Drag your feet slowly)

Fun Mixture: Play Doh

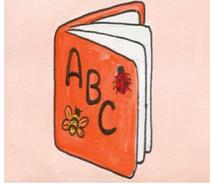
Ingredients:

- 1 cup of flour
- 1 cup of water
- 1/2 cup salt
- 2 tablespoons of cream of tartar
- 2 tablespoons of oil

Directions:

Mix all ingredients in a pan. Heat over low heat until the mixture thickens. Cool and knead. Explore dough freely.

September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<p>Make a frozen peach yogurt. Use 16 oz. can unsweetened sliced peaches, and 1-cup plain yogurt. Freeze peach slices on a tray. Mix the yogurt and frozen peach slices together in a blender.</p>
<p>Play "Mother May I?" Ask your child to take giant steps, duck steps, baby steps, rabbit hops, etc...</p>	<p>Draw a picture of what you plan to do today.</p>	<p>Make some Rice Krispy treats.</p>	<p>Let your child fill ice trays with water. Add food coloring and freeze. Your child can paint outside on paper with cubes.</p>	<p>Have you hugged your child today?</p>	<p>Let your child choose a game to play with a family member.</p>	<p>Let your child call one of his/her friends on the telephone.</p>
<p>Ask your child to set the table for dinner. Tell him/her to make sure each place has a glass, spoon, fork, plate, and knife.</p>	<p>Have a family movie night at home. Pop popcorn.</p>	<p>Have your child find different containers to carry the laundry to the washing machine.</p>	<p>Encourage your child today. "You really worked hard today putting all your toys away!"</p>	<p>Let your child help make breakfast today. He/She can butter toast or pour the juice.</p>	<p>Tape a piece of paper to the wall outside. Let your child use a spray bottle filled with colored water to make designs on the paper.</p>	<p>Let your child invite a friend over to the house. Have a pretend tea party.</p>
<p>Wash the car with your child. Give him/her his/her own sponge. Be sure to talk about parts of a car as you wash.</p>	<p>Let your child help wash his/her plate, cup and silverware.</p>	<p>Play catch with your child. Take turns throwing and catching the ball.</p>	<p>Let your child empty the trash can today.</p>	<p>Let your child use a comb or brush to do your hair.</p>	<p>Sit outside after school and look up at the clouds. What do they look like?</p>	<p>Go to the park and feed the ducks and birds.</p>
<p>Have a "Cotton Ball Race" with your child. Place 2 cotton balls on a table and blow to see who finishes first.</p>	<p>Using color chalks, have your child draw a picture in your sidewalk.</p>	<p>Take shoes off and put them back on.</p>	<p>Take a walk through your neighborhood. Your child can pick up different leaves and twigs and make a nature collage.</p>	<p>Sit with your child on your lap and let them "read" you their favorite story in their own words.</p>	<p>Take a trip to the library. Sit in the children's section and share a book with your child.</p>	
						

OCTOBER

KEY DEVELOPMENTAL INDICATORS:

Visual Art

- Relating pictures, photographs, and models to real places and things
- Making models out of clay, blocks, etc.
- Drawing and painting

Dramatic Art

- Imitating actions and sounds
- Pretending and role-playing

Fun Finger Play:

Five Little Pumpkins



5 little pumpkins sitting on a gate.
The first one said, "My it's getting late!"
The second one said, "There are witches in the air!"
The third one said, "But we don't care!"
The fourth one said, "Let's run! Let's run!"
The fifth one said, "Isn't this fun?"
Then woosh went the wind, and out went the light.
And 5 little pumpkins rolled out of sight!

Recipe:

Butter in a Jar

Ingredients:

Heavy whipping cream
Salt
Small (empty) baby food jar



Directions:

Place a tablespoon of heavy whipping cream in the empty jar. Screw lid on tightly. Take turns shaking the jar with your child. Shake the jar until the cream has changed into a thicker consistency. Add salt to taste.

Fun Mixture:

Cloud Dough

Supplies Needed:

Bin or container
5 cups of flour
1 cup of baby oil (or cooking oil for taste safe)
Play tools (play-doh tools, kitchen tools, etc.)



Measure, pour, and mix!

You should be able to grab a chunk and mold it and have it hold. If not, you may need more oil. If it is too oily, add more flour.

October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>Take a walk outside. Look for animals: birds, squirrels, dogs, cats.</p>	<p>Use play-doh to make a variety of different shapes. Roll it, squeeze it, pound it with your hands.</p>	<p>Give your child a mop or a broom. Let him/her pretend he/she is riding a horse.</p>	<p>Let your child imitate your actions, then switch and you imitate your child's actions.</p>	<p>Ask your child to pretend to be a dog and you a cat. Let your child chase after you (cat).</p>	<p>Take a trip to the zoo. Make a list of animals that you want to see and check them off your list as you go.</p>
<p>Give your child a beach towel and let him/her become Superman or Bat Woman.</p>	<p>Tell your child that you love him/her and tell him/her why.</p> <p style="text-align: center;">Columbus Day</p>	<p>Make a boat with your child. Use a cork, sponge or Styrofoam tray for boat parts. Cut a triangle out for the sail. Float it in the tub.</p>	<p>Let your child pretend to be a clown. Let him/her use your eye shadow. Ask him/her what color is next to the blue one.</p>	<p>Pick some flowers. Make a bouquet.</p>	<p>Color a lunch bag with your child to use as a puppet.</p>	<p>Visit the Library. Check out <u>It Looked Like Spilt Milk</u> and <u>The Mixed Up Chameleon</u>.</p>
<p>Cuddle in bed with your child .</p>	<p>Ask your child to draw a picture of your family. Hang it up on the refrigerator.</p>	<p>Pretend you and your child are in an airplane. Take off and land. Have crackers and fruits for snacks.</p>	<p>Help your child make a paste out of flour and water. Dip a cookie cutter into mixture then print on dark construction paper.</p>	<p>Let your child make rock sculptures using rocks, stones, and glue.</p>	<p>Use a flash -light to "draw" letters on a wall.</p>	<p>Build a circus with blocks and other interlocking toys.</p>
<p>Trace the outline of your child's body on a large piece of paper. Let your child decorate his/her body.</p>	<p>Go pumpkin shopping. Decide which pumpkin is lighter and which is heavier.</p>	<p>Use a large spoon to carve out the inside of the pumpkin. Count the seeds.</p>	<p>Toast pumpkin seeds in the oven for 20 minutes. Eat and enjoy.</p>	<p>Have your child draw a picture of something that he/she did in school today.</p>	<p>Wash and dress your child's baby dolls or figurines.</p> <p style="text-align: center;">Teacher Planning Day No School</p>	<p>Make flowers out of empty egg carton sections and green pipe cleaners. Stick pipe cleaners through the bottom of egg carton sections.</p>
<p>Make a fruit salad. Try to identify fruits by taste only.</p>	<p>Let your child fit empty food cans one into another.</p>	<p>Let your child draw pictures in the tub using soap crayons.</p>	<p>Provide your child with "dress up" clothes and pretend to be someone else. Have fun trick or treating.</p>			

NOVEMBER

KEY DEVELOPMENTAL INDICATOR:

Language, Literacy, and Communication

- Talking with others about personal meaningful experiences
- Describing objects, events, and relations
- Having fun with language: Listening to stories and poems, making up stories and rhymes
- Writing in various ways: Drawing, writing letters, creating his/her own variations of letters



Fun Finger Play:

Ten Little Fingers

I've got ten little fingers
And ten little toes.
Two little eyes, a mouth, and a nose.
Put it all together and what have you got?
You've got ME baby,
And that's a lot!

Make a Family Book!

1. Gather together pictures of family members.
2. Fold several pieces of construction paper in half in order to make a booklet.
3. Glue pictures onto each page and have your child decorate each page.
4. Label each family member's picture.
5. Get creative! Glue buttons, paper scraps, use stickers!

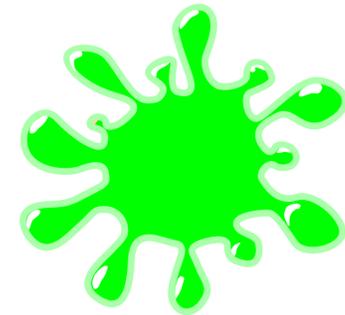


Fun Mixture:

GAK!

Ingredients:

2 cups white glue
2 1/2 cups water
Food coloring
3 tsp. Borax



Directions:

Mix water, glue, Borax, and several drops of food coloring until well blended. Store in air-tight container.

November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				Watch a cartoon with your child. Discuss what happened.	Put a little honey, orange, powder, perfume or applesauce into separate jars. See if your child can identify the smell.	Sing a "good morning" song that your child sings in school.
Make the fun punch recipe together with your child. Talk about the taste and smell.	Give opposite directions for your child to follow-fingers up/ fingers down, look happy/look sad.	Play "Teddy Bear, Teddy Bear" finger play in your child's hand. No School Teacher Planning Day	At dinner, talk about what made your day special.	Take a drive around the neighborhood. Discuss landmarks such as post office, fire and police stations, schools, stores, and restaurants.	Make paper cup puppets using Styrofoam cups and plastic forks. Have the puppets talk about their day at school.	Describe how insects move: creep, fly, hop, crawl, skitter, and scramble. Let your child move in imitation.
Find five little stones outside and glue them together to make a structure. Paint it!	Take a walk outside and look at the nighttime sky. Look at the stars and the moon.	Make a fishing rod with a magnet on the end of the line. Cut out shapes. Put a paper clip on each shape. Ask your child to name each shape as it's caught.	Have your child assist you in cooking simple dishes. Use the words: mash, stir, mix, cut, peel, etc.	Let your child be your waiter/ waitress and take your "order" for dinner. Let him/ her serve you.	Go "fast walking" around your neighborhood with your child. Say a silly nursery rhyme while you're walking.	Mark off the days on the calendar until Thanksgiving. Count the number of days.
Fill a jar with ½ water, ½ oil, and food coloring. Observe what happens with your child.	Make a shopping list. Let your child help you find the items at the grocery store.	Ask your child to point/name body parts-head, knee, arm, stomach, and foot.	Start or add to a collection (i.e. rocks, leaves, or flowers).	Tell your child how thankful you are to have him/her.	Bake a batch of cookies with your child. Eat them while they are warm.	Request that your child bring you some of the cookies from the plate.
Play an indoor bowling game with your child. Use empty liter bottles for pins and rolled up socks for ball.	Give your child a big hug and kiss today. Tell him/her how much you love him/her.	Take a walk outside and look up at the clouds in the sky. Talk about the shapes that you see.	Make place cards for a family dinner. Have your child draw a picture for each family member.	Hide a toy. Make a map that your child can use to find it.	While traveling, count the trucks you see on the road.	

DECEMBER

KEY DEVELOPMENTAL INDICATOR:

Classification

- Recognizing objects by sight, sound, touch, taste, and smell
- Distinguishing and describing shapes
- Sorting and matching
- Using and describing something in several different ways

Recipe:

Easy Peasy Sugar Cookies

Ingredients:

1 stick salted butter, plus 2 tbsp.
1/3 cup sugar
1 cup flour
Sprinkles (optional)



Directions:

Preheat the oven to 325 degrees. Whip the butter and sugar until the mixture is light and fluffy. Stir in the flour. Form the cookies into 1-inch balls, placing them about 2 inches apart on the baking sheet. Flatten them into disc shape if you will be decorating them. Bake for 15-17 minutes until the edges are slightly golden. Enjoy!!

Fun Finger Play:

Five Little Babies



One little baby, rocking in a tree.
Two little babies, splashing in the sea.
Three little babies, crawling on the floor.
Four little babies, banging on the door.
Five little babies, playing hide and seek.
Keep your eyes closed tight, until I say...PEEK!

Fun Mixture:

Cloud Dough

Ingredients:

Bin or container
5 cups of flour
1 cup of baby oil (or cooking oil for taste safe)
Play tools (play-doh tools, kitchen tools, etc.)



Measure, pour, and mix!!!

You should be able to grab a chunk and mold it and have it hold. If not, you may need more oil. If it is too oily, add more flour.

December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<p>Make a bubble mix with liquid soap and water. Blow bubbles. Let your child pop all the bubbles and blow some of them.</p>
<p>Make a menorah with your child. Use play dough and birthday candles.</p> <p>Hanukkah Begins</p>	<p>Ask your child to match things that go together: toothpaste and toothbrush, shoes and socks, bowl and spoon.</p>	<p>Set up a drawing table with your child. Put out different kinds of paper, markers, crayons, pens, pencils, chalk, and stickers.</p>	<p>Sprinkle some flavored gelatin on glossy paper or a tray. Add a little water and let your child finger paint.</p>	<p>Make Rudolph the Red Nosed Reindeer. Trace family members' shoes and hands. Glue both hands on top of shoe as antlers. Draw Rudolph's face. See whose is the biggest.</p>	<p>Find the following brushes in your house and help your child describe how they are the same and different: toothbrush, paintbrush, hairbrush, and scrub brush.</p>	<p>Take a drive around your neighborhood and look at your neighbor's holiday lights.</p>
<p>Play the game, "I'm thinking of..." something soft and yellow, and let the child guess.</p>	<p>Have your child put all the socks in the drawer that are not white.</p>	<p>Put the spoons in the fork's spot in the silverware drawer. Let your child discover the mistake.</p>	<p>Give your child two wooden spoons and a coffee can or pot and let him/her become a drummer.</p>	<p>Punch holes in the corner of cards you receive. Let your child sew through with a piece of yarn. Hang them up.</p>	<p>Visit Santa Claus at a mall. Pick out a present together for a friend or relative.</p>	<p>Eat breakfast in bed with your child .</p>
<p>Glue many animal pictures together to make a collage.</p>	<p>Let your child help you sort the laundry by color.</p>	<p>Sing carols tonight.</p>	<p>Have your child find red and green objects in the house.</p>	<p>Visit a pet store. Have your child name as many animals as possible.</p>	<p>Cut holiday cards in half. Let your child match the picture halves.</p>	<p>Find pictures that show different seasons. Sort them by season.</p>
<p>Request that your child bring you all the towels in the bathroom.</p>	<p>Let your child help set the table for dinner.</p>	<p>Save used wrapping for a collage. Your child can tear and paste pieces inside a shape.</p>	<p>Eat some Lucky Charms cereal with your child. Sort out all the charms into separate cups.</p>	<p>Make holiday cookies together. Use pre-made dough and decorate with frosting and sprinkles.</p>	<p>Give your child a small pile of socks. Let him/her match the pairs together.</p>	<p>Ask your child to draw a circle. See if your child can find any circles around the house.</p>
<p>Let your child pick an afternoon snack. Give him/her several choices.</p>	<p>Play some music and dance with your child.</p>					

JANUARY

KEY DEVELOPMENTAL INDICATOR:

Time:

- Starting and stopping an action on signal
- Experiencing and describing different rates of movement
- Experiencing and comparing time intervals
- Anticipating, remembering, and describing sequences of events.

Game Time!

Red Light, Green Light:

Have your child stand several feet away from you. Explain to them that "Red light" means STOP! "Green light" means GO! (You can hold up a red/green colored paper to have a visual symbol as well.) When you say "Green light," they will run to you until you say "Red light!" Start and stop several times along the way.



Obstacle Course:

Set up an outdoor obstacle course! Using everyday items such as buckets, shoes, boxes, etc. make an obstacle course for your child to jump over, crawl through, run around, etc..

Fun Finger Play:

Five Little Bubbles

5 little bubbles, floating to the floor,
One bubble popped (clap hands)
And then there were four!

4 little bubbles, round as can be,
One bubble popped (clap hands)
And then there were three!

3 little bubbles, were flying just to you,
One bubble popped (clap hands)
And then there were two!

2 little bubbles, were having so much fun,
One bubble popped (clap hands)
And then there was one!

1 little bubble, round as the sun,
Until that bubble popped,
And now there are none!

This can be done outside or inside,
and you can blow bubbles while
singing!



January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>Play "Red Light, Green Light." Use describing words like "fast" and "slow."</p>	<p>Say a word that rhymes with another word that someone just mentioned.</p>	<p>Plan a surprise party for your child's stuffed animals. Make a list of what things are needed for the party.</p>	<p>Look through old magazines for animal pictures. Tear them out and make an animal collage.</p>	<p>Read the ingredients you need to make chocolate chip cookies. Let your child help you gather the ingredients.</p>
<p>Make popcorn. Ask your child to count out 5 and eat one. Then eat another and count until they are all gone.</p>	<p>Tape a shape to a piece of construction paper. Place out in the sun for the day. Take the shape off and observe.</p>	<p>See if your child can recall the route to school. Ask them for "directions."</p>	<p>Have your child assemble their snack for school tomorrow and pack it in their lunchbox.</p>	<p>Boil eggs to make hard-boiled eggs for egg salad sandwiches. Set the timer for seven minutes. Let your child watch the timer.</p>	<p>Play Charades with your family.</p>	<p>Play catch with your child. Take turns throwing and catching the ball.</p>
<p>Let your child pretend he/she is the mommy or daddy and you are the child. Encourage language.</p>	<p>Take a trip to the park. Your child can take a doll or figure and push it on the swing or have it go down the slide.</p>	<p>Look for pictures of baby, child, parent, and grandparents in magazines. Talk about age differences and help your child make his/her own family .</p>	<p>Pour water and food coloring in a blender. Let your child turn it on and off.</p>	<p>Ask your child to find his/her old and new shoes.</p>	<p>Ask your child to help you fold the clean sheets and pillowcases.</p> <p style="text-align: center;">No School Teacher Planning Day</p>	<p>Play "I Spy" with your family.</p>
<p>Let your child pretend he/she is a doctor. Supply bandages, cotton balls, cotton swabs, and gauze.</p>	<p>Ask your child to name 3 things he/she saw at the park on Sunday.</p> <p style="text-align: center;">No School Martin Luther King</p>	<p>Help your child set an alarm clock for school tomorrow. Ask him/her what the beeping noise will mean. Help him/her turn it off.</p>	<p>Plant lima beans in a paper cup. Place on the kitchen sink and water frequently. Watch them grow.</p>	<p>Draw and color or paint a picture for an older friend or relative.</p>	<p>Make a cream cheese sandwich. Cut it in half, in quarters, and in eighths.</p>	<p>Make a "name puzzle." Write your child's name in large letters and cut out each letter.</p>
<p>Relax outside with your child. Watch the clouds go by.</p>	<p>Take a ride in the car. Mention the red, yellow, and green lights of a traffic light. Discuss what green, red, and yellow mean.</p>	<p>Ask your child to dress himself/ herself. Ask what comes first, next, and so on.</p>	<p>Have your child plan what they are going to wear to school tomorrow and lay it out.</p>	<p>Mark off each day of the week on a calendar so your child can see the day you go to the Park.</p>		

FEBRUARY

KEY DEVELOPMENTAL INDICATORS:

Seriation

- Comparing attributes: longer/shorter, rough/smooth
- Arranging several things one after another in a series or pattern and describing the relationships
- Fitting one ordered set of objects to another through trial and error

Number

- Comparing number and amount to determine "more," "less," "same," etc.
- Arranging two sets of objects in one-to-one correspondence
- Counting objects

Fun Finger Play!



Bubble Gum

Bubble gum, bubble gum
In a dish.
How many pieces
Do you wish?
One...two...three...POP!!

Fun Mixture

Squishy Bag

Thousands of brightly colored bubbles float in a blend of cornstarch and water.

Makes: 1 bag

Ingredients: 6 tsp. cornstarch, 1/2 cup water, food coloring, large freezer zip bag, duct tape

Directions: Place cornstarch, water, and food coloring in bag and SHAKE to mix. Seal with duct tape.

Recipe

Mini-Pizzas



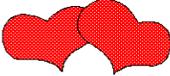
Ingredients:

English muffins
Pizza sauce
Shredded cheese
Variety of toppings: veggies, pepperoni, etc.

Directions:

Separate English muffins into halves. Spread pizza sauce onto it. Sprinkle cheese. Add your favorite toppings. Broil on low until cheese is melted.

February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					Have you hugged your child today?	Visit the library. Check out some books about animals. <u>The Three Billy Goats Gruff</u> and <u>Goldilocks and the Three Bears</u> .
Move like the largest animals found at the zoo - bear, gorilla, tiger, elephant - the thinnest - snake - the slowest - turtle, etc.	Give your child several belts. Ask him/her to find the widest and the narrowest belt.	Make a collage picture using aluminum foil (shiny), wax paper (dull), and crayons.	Drop crayon shavings in a 1/2 filled jar of water. Screw lid, shake bottle, and discuss the designs in the water.	Help your child cut ribbons into different lengths. Put in order from shortest to longest.	Sort light and dark clothes from lightest to darkest.	Dye macaroni different shades of color, some lighter, some darker. Arrange from lightest to darkest.
Go to an outdoor concert or perform one yourself.	Ask your child to make your pans fit inside each other and put them away.	Leap over pillows around your house. Leap over the "longest" ones first.	Tape record your voices. Play back. Show your child the volume control.	Let your child fit empty food cans one into another.	Have your child call a relative or friend whom you haven't talked to in a while.	Ask your child to find the softest bed in the house. Lie down with your child.
Sing your child's favorite song.	Compare the envelope sizes in the daily mail.	At dinner, pour different amounts of beverage into each glass. Decide who has more or less.	Cut pictures of baby, child, parent, and grandparent. Place in order of size from tallest to shortest.	Find things that are larger than a raisin but smaller than an apple.	Find pictures of animals in old magazines/books. Cut them out and glue them on paper. Make a booklet.	Take a trip to Zoo Miami. Bring along your book of animals you made yesterday. Compare animals by size.
Weigh two items in the produce department. Ask your child which is heavier.	Hide an object in a room. As your child looks for it, say he/she is "hotter" if getting closer or "colder" if getting further away.	Make thick/thin pretend pancakes with play dough.	Look at a family picture album. Discuss who is the tallest and who is the shortest.	Let each family member step on the bathroom scale. Decide who is the heaviest/lightest.		

MARCH

KEY DEVELOPMENTAL INDICATORS:

Physical Development, Health, Well Being

- Moving in non-locomotor ways
- Moving in locomotor ways
- Moving with objects
- Expressing creativity in movement
- Describing movement
- Acting upon movement directions
- Feeling and expressing a steady beat, moving in sequence to a common beat



Fun Recipe:

No-Bake Snack Bites

Ingredients:

- 1/2 cup creamy nut butter (or sunbutter/soy)
- 1/3 cup honey
- 1 tsp. vanilla extract
- 1 cup old fashioned oats
- 2/3 cup toasted and sweetened shredded coconut
- 1/2 cup ground flaxseed
- 6 tbsp. mini chocolate chips (optional)

Directions:

Add nut butter and honey to bowl and microwave for 30 seconds to soften. Mix in all other ingredients. Roll into bite sized round pieces. Refrigerate in an air-tight container.



Let's Get Moving!

Freeze Dance

Have your child select their favorite song. Play the song and DANCE!!
At different intervals, pause the music and FREEZE in place!!

This game can be played indoors and outdoors.
Invite friends to play!



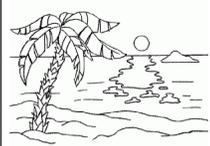
Backyard Hunt

Take a walk outside. Take a bucket or basket with you. Have your child collect flowers, leaves, small twigs and/or pebbles.

Once you go back inside, your child can use the materials that they collected to build or to make a collage on paper. They can glue the items they found onto paper.



March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					Have your child hop on one foot to the bathroom today.	Take a walk with your child today. Play "Follow the Leader." Walk "fast", walk "slow."
Spend a day at Venetian Pool in Coral Gables or play with water in the yard or tub.	Using a tennis ball, practice rolling, bouncing, and catching the ball.	Draw a picture about what you can see from your window.	Using a large beach ball, practice rolling, bouncing and catching the ball.	Make caterpillars on Popsicle sticks using cotton balls. Grate colored chalk in a paper bag and shake cotton balls inside.	Play "Simon Says" clap your hands and nod your head, stomp your feet, move your arms up and down.	Play a puddle-jumping game indoors. Place magazines and newspapers around the room. Practice jumping over them.
Take a picnic lunch and go to the beach or sit under a tree.	Have your child place one jellybean in each plastic egg.	Lay 2, 3, & 4 shoes side-by-side. Have your child jump over the shoes.	Have your child move his/her head in as many ways as possible.	Make some chocolate pudding. Put green gummy worms in it.	Read "Hey Diddle Diddle," the nursery rhyme to your child and act it out.	Have your child help you squeeze lemons or oranges to make lemonade or orange juice.
Make a zigzag line with masking tape. Have your child walk on the line. St. Patrick's Day	Let your child undress himself/ herself and put on a swimming suit. Turn on the hose or sprinkler outside!	Dance with your child to Chubby Checker's "The Twist."	Let your child pretend to be a bear, camel, crab, bunny, frog, and horse.	Have your child practice pouring water into cups outside.	Freeze fruit juice in ice cube trays. Eat the mini pops outside.	Make an obstacle course in your home. Have your child go under the table, around the chair, over the box, etc.
Make a snack of celery filled with cheese spread.	Make a smoothie using strawberries; then eat it together.	Play catch with your child.	Hide pieces of matzo around the living room and have your child look for them.	Go outside. Play Hide and Seek around the trees.	Have your child balance one or more beanbags on his/her head, nose and shoulder.	Let your child put the silverware away after dinner.
Move like the different animals found at the zoo: bear, monkey, tiger, elephant, snake, and turtle.						

APRIL

KEY DEVELOPMENTAL INDICATORS

Classification:

- Holding more than one attribute in mind at a time
- Distinguishing between "some" and "all"
- Describing characteristics something does not possess or what class it does not belong to

Number:

- Comparing number and amount to determine "more," "less," "fewer," and "same amount."
- Arranging two sets of objects in one-to-one correspondence
- Counting objects



Fun Finger Play

Here is a bunny with the ears so funny,
And here is a hole in the ground.
(Hold up two fingers, and have the bunny jump into a hole.)

When the noise he hears,
He picks up his ears,
And jumps in the hole in the ground.
(Hold up two fingers, and have the bunny jump into a hole.)

Fun with Books and Literacy!

Check out "Green Eggs and Ham" by Dr. Seuss from your neighborhood library. Share the story with your child. After sharing the story, this is a fun cooking activity that you can do to bring the story to life!

Green Eggs and Ham Cooking Activity

Ingredients:

2 eggs
2 tbsp. diced ham
Green food coloring
Salt
Pepper

Crack eggs into a small bowl and add several drops of green food coloring. Whisk eggs and food coloring together. Add diced ham. Add salt and pepper to taste.

Enjoy your green eggs and ham!!



April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Plan and go on a picnic.	Go outside and play a game of shadow tag by trying to step on each other's shadow.	Cut oranges in half. Let your child squeeze them to make orange juice.	Turn a paper into a puppet. Put on a play.	Ask your child to pick up all the pillows in the living room and put them on the couch.	Go on a nature walk with your child. Collect rocks, twigs, and leaves in a bag. Sort the objects at home.
<p>Bike Wash Day Fill a bucket with soap and water and let your child wash his/her bike. Rinse with a hose.</p>	Have your child find three objects in the house that are square.	Give your child one roll of toilet paper to do whatever he/she wants to do.	Make beanbags out of Ziploc bags and macaroni. Let your child toss it into a laundry basket.	Make some silly putty by mixing 2 cups of glue with 1 cup of liquid starch.	Let your child make a placemat. Decorate a piece of white paper. Cover with clear contact paper. Use at meal times.	Make a tent with a sheet and a table. Let your child crawl in and out.
Spread a blanket under a tree. Listen to the sounds of spring together with your child.	Help your child cut ribbons into different lengths. Make curls and flat strips on a picture.	Read a book together. Find all the circle shapes in the book.	Clap your hands together. See if your child can imitate the rhythm.	Name lots of things that are bigger than your kitchen table.	Make a snack of apples and bananas.	Give your child a pan of water. Let him/her step in it and make wet footprints on the sidewalk.
<p>Hide plastic eggs outside. Have an egg hunt.</p> 	Have your child sort a bag of coins (pennies, nickels, dimes, quarters) on a tray.	Recite counting rhymes. 1, 2, buckle my shoe, 3, 4, shut the door, 5, 6, pick up sticks, 7, 8, lay them straight, 9, 10, a big fat hen.	Engage your child in finger counting games (i.e. "one little, two little, three little piggies...").	Make a banana milkshake. Use 1-cup milk, 1 sliced banana, and 1/2 teaspoon vanilla. Add a little ice and mix in a blender.	Plant one bean in cup of soil.	Help your child make a puppet. Draw an expression on a plastic spoon. Cut a slit in the middle of a paper towel. Tape to spoon. Add yarn for hair.
Let your child make a set of napkin rings out of decorated strips of paper.	Read a book with your child and act out your favorite part.	Play "Row, Row, Row Your Boat" with your child while sitting on the floor with your feet touching your child's feet.				

MAY

KEY DEVELOPMENTAL INDICATOR

Language, Literacy, and Communication:

- Writing in various ways: drawing, scribbling letter-like forms, invented spelling, conventional forms
- Reading in various ways: reading storybooks, signs, symbols, and one's own writing
- Dictating stories

Fun Mixture

Cornmeal Mixture

Ingredients:

- 1 1/2 cups flour
- 1 1/2 cups cornmeal
- 1 cup salt
- 1 cup water

Mix all ingredients in a large mixing bowl. If mixture seems dry, add small amounts of water until a smooth dough is formed. Shape and roll and pound the dough! Have fun!

Store in a sealed container.



Family Movie Night!

Gather the family for a family movie night!

1. Pick a family favorite movie.
2. Set up comfy chairs and blankets.
3. Have fun movie snacks available.
4. Dim the lights, cuddle up, and enjoy the show!



Fun Finger Play!

Round and round the garden,
Goes the teddy bear.
(Take your finger and make a circle on
your child's palm.)

One step, two step,
Tickle right there!

(Walk your finger up your child's arm and tickle!)

*The "teddy bear" can be substituted for a race car, dinosaur, anything that might interest your child.

May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			As you take a ride, let your child read all the "STOP" signs.	Go to a restaurant and let your child read the menu.	Write a letter with your child and mail it to grandma and grandpa.	Help your child wrap mom's present with paper. Let him/her use the tape.
Give mom a big hug and tell her how much you love her.	Spread chocolate syrup in a tray and let your child finger paint letters or shapes.	Make O's using your mouth, your fingers, and your hands.	Using the newspaper or magazine, let your child find some letters in his/her name.	While on a car ride, ask your child to find McDonald's, Burger King, Publix, Winn Dixie and other familiar stores.	Let your child look at you while you write a letter. Talk to him/her about it.	Have your child write some letters in the air using his/her index finger.
Make a Mother's Day card by making a handprint of your child's hand and writing his/her name under it. 	Read a story at bedtime. Run your finger under the words as you read it.	Make letters in a dark room with a flashlight.	Let your child read a book to you.	Play the "Matching Game" on the refrigerator using magnetic letters.	Sing the A-B-C song for your child.	Staple some plastic ziplock bags together and make a book. Paste pictures. Write something about each one and put it in each bag.
Use the July pretzel recipe and let your child make letters and numbers.	Visit the public library and check out A-B-C books. Read to your child.	Have your child draw a picture and dictate what he/she drew. Send it to his/her teacher.	On a big piece of paper, let your child write a letter for mom. You can take dictation from him/her.	Let your child read some of the labels in the kitchen: bread, milk, cereal, etc.	Make summer theme placemats.	Go to the beach and make letters in the sand.
Play Alphabet Hide and Seek. Hide a letter (A-B-C) and have your child look for it.	Tell or act out your favorite story. 	Paint a picture using watercolors. Hang it on your refrigerator.	Use ABC magnet letters on the refrigerator to have your child put the letters of their name in the correct order.	Trace letters on a piece of cardboard. Punch holes around the letters and let your child lace them with yarn.	Make silly faces in a mirror.	

JUNE

KEY DEVELOPMENTAL INDICATOR

Number:

- Comparing number and amount to determine "more," "fewer," and "same amount."
- Arranging two sets of objects in one-to-one correspondence
- Counting objects

Fun Mixture:

Rainbow Foam

Ingredients:

2 tbsp. of hand soap
1/4 cup water
Electric hand mixer
Food coloring
Mixing bowl



Directions:

Add the soap, water, and food coloring into the bowl. Use the electric hand mixer to mix into a frothy bubble consistency. Allow your child to put their hands in it and play with the bubbles.



Fun Finger Play!

Teddy Bear, Teddy Bear

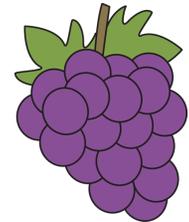
Teddy Bear, Teddy Bear, turn around.
Teddy Bear, Teddy Bear, touch the ground.
Teddy Bear, Teddy Bear, reach up high.
Teddy Bear, Teddy Bear, touch the sky!

(Do the motions for each step in the song: turn around, touch the ground, etc.)

Fun Food Play: Food on a Handle

Ingredients:

Pretzel sticks
Cheese cubes
Cubes of fruit



Have your child use pretzel sticks to spear bite sized nibbles such as cheese cubes or fruit.

June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						Have goldfish or Teddy Bear graham crackers for snack today. Count and see who has more/fewer.
Hold a summer sports festival. For example, have relay races and throwing contests. Make and award prizes!	Go to the Library every 1-2 weeks. Find out what summer programs it offers, too.	Have a tea party for dolls and teddy bears. Let your child set the table for tea. Give each doll a cup, plate, and cookie.	Call your local parks and recreation departments for information about swimming lessons and other activities.	Choose relaxing music on the radio. Move your body to the music.	Have your child place 4 raisins on each person's napkin after dinner.	Let your child pour juice. See who has more or less.
Use water and a brush to "paint" a picture on a sidewalk.	Make clay birthday cakes. Put different amounts of "candles" on each "cake". Use toothpicks, pipe cleaners, or cotton swabs for "candles."	Make a family flag together. Swing the flag side to side.	Have your child match a pair of socks with each pair of shoes in Dad's closet.	Take a walk and look for printed words. Write some of them.	Point out the numerals of a clock or watch.	Add a few drops (count them) of food coloring to your child's bath water. Observe what happens.
Sleep late today. Make toast and slice into halves and quarters. Eat toast slices in bed with your child.	Close your eyes while outside. Name all the things that you can hear.	Have your child help you wash Dad's car. Give him/her a rag and bucket.	Use chalk to draw a picture on a sidewalk.	Have your child jump or hop a certain number of times. Count out loud while jumping.	Let your child set the dinner table tonight-one plate, napkin, fork, spoon, and knife for each person.	In the bathtub, count how many cups of water it takes to fill a bowl.
Have your child help you measure and mix ingredients when you cook or bake.	Check out the book Anno's Counting Book and Millions of Cats at the library today.	Count the number of steps it takes your child to walk from the kitchen to the bedroom.	Color a coloring book picture and glue it onto cardboard. Cut the picture into 5 pieces and make a puzzle.	Make circles, squares, and triangles. Let your child sort the shapes and count.	Freeze orange juice in ice cube trays with popsicle sticks to make frozen treats.	Tell some riddles or jokes. 
Help your child find the right number (channel) for his/her favorite TV show tonight.						

JULY

Key Developmental Indicator

Space:

- Filling and emptying
- Fitting things together and taking them apart
- Changing the shape and arrangement of objects (wrapping, twisting, stretching, stacking, enclosing)
- Observing people, places, and things from different spatial viewpoints
- Experiencing and describing positions, directions, and distances of things in the play space, building, and neighborhood
- Interpreting spatial relations in drawings, pictures, and photographs

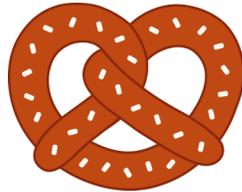
Finger Play:

There once was a turtle who lived in a box,
He swam through the water and climbed on the rocks.
He snapped at the mosquito,
He snapped at the flea,
He snapped at the minnow,
He snapped at ME!
He caught that mosquito,
He caught that flea,
He caught the minnow,
But he didn't catch ME!



Soft Pretzel Recipe:

- 3/4 cup warm water
- 1/2 envelope yeast
- 1 teaspoon sugar
- 2 cups flour
- 1/2 teaspoon salt
- 1 egg



Preheat the oven to 425. Mix salt and flour in a bowl. Add yeast mixture (water, yeast, and sugar), stir, and knead until the dough forms a ball. Add more flour if it is too sticky. Have your child knead the dough. Make different shapes with pretzel dough. Before placing in the oven, brush with egg wash. Bake for 12 minutes.

Fun Sensory Play: Sensory Fun Swimming Pool

Did you know that you could use plastic swimming pools for more than just splashing around in the water??

Here are some fun ideas:

- water and bubbles
- Shaving cream
- Fishing! Fill the pool with water and add plastic fish. Use a toy fishing rod or a small net to catch the fish.
- Boats!
- Give baby dolls a bath



July

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	String macaroni to make a necklace or bracelet.	Make a board with 3 rows of pegs. Your child can form shapes using rubber bands.	Ask your child to put his/her stuffed animals far away from you or close to you.	Watch a fireworks display with your Family. 	Visit the Public Library. Check out, <u>Caps for Sale</u> and <u>Green Eggs and Ham</u> .	Build a sand castle on a beach or at the playground.
Make a graham cracker cookie house by sticking crackers on a milk carton with frosting. Decorate with frosting and jellybeans, m & m's, etc.	Rearrange your child's bedroom furniture and let him/her help.	Roll a ball under a tree, over the sidewalk, and in a box.	Cut a shape out of a piece of paper. Let your child color around the shape.	Give your child washcloths and dishcloths to fold.	Make an obstacle course out of books, tables, and chairs. Let your child climb under, over, and around.	Put objects inside jars. Have your child screw lids onto jars.
Watch the sunset with your child. Ask him or her to make a drawing of a sunset.	Make a hat out of paper cereal bowls. Decorate with buttons on the side, top and under.	Let your child pour his/her orange juice into his/her glass today.	Use boxes or cans to nest inside each other.	Save the garbage bags or bread loaf twist ties. Your child can tie them together and make bracelets.	Cut an egg carton into sections. Let your child decorate with marker and hang on a tree.	Put groceries away in their appropriate place: *cabinet *refrigerator *freezer.
Make apple turnovers. Use Pillsbury crescent rolls. Put apples inside and follow baking instructions. Place frosting on top.	Have your child ride his/her trike over the cracks in the sidewalk.	Cut straws into different sized pieces. String straws to make a necklace.	Set a quiet time for reading each evening.	Crawl under a table and see how many objects you can name.	Give your child a puzzle to complete (number of pieces can vary depending on your child).	Take a ride on the Metrorail to the Museum of Science and illustrate a story.
Go to the mall today and point to all the red cars in the parking lot. Be sure to count the cars in front and in back of the store.	Make firework art: Make starbursts with glue and add glitter.	Make animals out of twisted aluminum foil.	Splash in a sprinkler on the last day of July.			

Growth Record

HOW MY CHILD HAS GROWN

_____ (Child's Name) was born on _____

in _____ Hospital.

The length of the pregnancy was _____ months.

_____ (Child's Name) weighed ____ lbs., ____ oz. and was _____ inches long.

He/She did these things at these ages:

sat without help _____
crawled _____
walked _____
pedaled a tricycle _____
pedaled a two-wheel bicycle _____
without training wheels _____
said first words _____
spoke in two-word combinations _____
spoke in sentences _____

was toilet trained (bladder) _____
was toilet trained (bowel) _____
could name body parts _____
could point to named colors _____
could name colors _____
could point to named shapes _____
could name shapes _____
could write his/her own name _____

My child's favorite games, toys and activities at these ages:

1 year old: _____

4 years old: _____

2 years old: _____

5 years old: _____

3 years old: _____

6 years old: _____

My child responds to new situations by: _____

My child responds to the word *no* by: _____

When with other children, my child: _____

Health Record

CHILDHOOD IMMUNIZATION RECORD

Immunization is important to protect your child from serious diseases. A child who is not properly immunized will not be admitted to school. To have your child immunized visit your family doctor or pediatrician or contact your nearest local health department. You can record your child's immunizations on the chart below.

IMMUNIZATION	IMMUNIZATION DATES		BOOSTER DATE	
1. HepB (Hepatitis B, Vaccine)	_____	_____	_____	_____
2. DTP (Diphtheria, Tetanus, Pertussis) (first 3 doses are required)	_____	_____	_____	_____
3. Inactivated Poliovirus (3 doses or oral vaccine)	_____	_____	_____	_____
4. Hib (Haemophilus influenza b, Vaccine)	_____	_____	_____	_____
5. Varicella (Chicken Pox)	_____	_____	_____	_____
6. MMR (Measles, Mumps, Rubella) (1 dose of combined live vaccine due on or after first birthday)	_____	_____	_____	_____
7. Pneumococcal	_____	_____	_____	_____
8. Influenza	_____	_____	_____	_____
9. Hepatitis A	_____	_____	_____	_____
10. Meningococcal Vaccine	_____	_____	_____	_____

CHILDHOOD CONTAGIOUS DISEASES:	DATE	COMPLICATIONS
Varicella (Chicken Pox)	_____	_____
Measles	_____	_____
Mumps	_____	_____
Rubella (German Measles)	_____	_____
Rheumatic Fever	_____	_____
Scarlet Fever	_____	_____
Strep Throat	_____	_____
Allergies	_____	_____
Other Illnesses:	_____	_____

SURGERY OR X-RAY	DATE	REASON
_____	_____	_____
_____	_____	_____

Parents:

Being a parent is one of life's greatest experiences.

Use this guide to see just how your child grows and changes.

Do not become alarmed if your child cannot do all the things listed.

6 MONTHS

ROLLS from stomach to back
REACHES for toy
TRANSFERS toy from one hand to another
LOOKS for noise made near him/her
MAKES SOUNDS for specific reasons (hunger, wet, etc.)
HELPS hold bottle while drinking
PLAYS with toes
PATS mirror image
PUTS everything into his/her mouth
FOLLOWS toys when held in front of his/her eyes

1 YEAR

SITS without support
PULLS to stand
CRAWLS on all fours
UNDERSTANDS the meaning of NO and BYE-BYE
REPEATS sounds made by others
FEEDS self cookies or crackers (may not be neat)
WAVES bye-bye
SHY with people he/she doesn't know
URNS pages of a magazine or book (more than one at a time)

2 YEARS

WALKS well
CARRIES toy while walking
SPEAKS several words which are understandable and meaningful
REFERS to self by name
RECOGNIZES self in mirror
FEEDS self with spoon (may spill some)
DRINKS from a cup
OCCUPIES self in play
PLAYS with an adult (rolls ball to adult)
BUILDS a tower of four blocks
SHOWS body parts (eyes, nose, foot) when asked

3 YEARS

GOES up steps, two feet on a step
WALKS on tiptoes
RUNS easily
UNWRAPS candy
NAMES objects such as toys and food
SPEAKS in three word sentences. "Me go home."
PULLS off sock as part of undressing
IS toilet trained
SHOWS interest in TV and radio
HELPS adults by putting away toys and clothes (when told)
URNS pages one at a time
RECITES nursery rhymes (Mary had a little lamb, etc.)

4 YEARS

WALKS up steps, one foot for each step
PICKS up small objects with ease
UNBUTTONS buttons
TELLS stories
SPEAKS in complete sentences. "I want a cookie."
DRESSES self
FEEDS self well
WASHES face and hands
GETS ALONG with other children
IMITATES adults doing simple tasks
BUILDS a tower of ten blocks
COPIES a circle
MATCHES some objects and colors

5 YEARS

HOPS and skips on one foot
MARCHES in time
CATCHES a ball with his/her hand
SPEAKS clearly and can be understood by others not in the family
BRUSHES teeth
CARES for all toilet needs
FOLLOWS directions. "Go get the ball and throw it."
RECOGNIZES coins
COUNTS to four